

### Cape Breton Weekend Staff:

**Kimberley Fraser** has been performing on fiddle, piano and step dance since early childhood and now, though still in her 20's she has extensive performing and teaching credentials. With two recordings to her credit, including her award-winning recording, *Falling on New Ground*, she has played with many of Cape Breton's finest musicians and has toured with *Cherish the Ladies*. Kimberley is currently studying at the Berklee College of Music. She has been a long-time instructor at Cape Breton's renowned Gaelic College and other music camps.

**Wendy MacIsaac** began her career as a step-dancer at age 4, went on to take fiddle lesson and piano lesson and by 1990 she was well established as one of the top new, young fiddler/pianists in Cape Breton and was in great demand for dances and festivals. She has performed with the *Rankin Family*, the *Barra MacNeils*, *Capercaillie*, the *Cheiftains*, Ashley MacIsaac and currently tours with *Beolach* and Mary Jane Lamond. She has several solo recordings and is a popular teacher at music camps for her fine playing and teaching and her brilliant sense of humor.

**Pat Gillis** grew up with a family full of fiddlers and his great appreciation and love of the music led him to take up the guitar where he brings great energy and sensitivity to his accompaniment and his solos. Being left handed and only having right handed guitars around, Patrick learned to play up-side down and backwards, because "no one ever told me the difference" he says... Some call it "donkey style". Patrick has toured the States with *Cullin*, played in Howie Mac Donald's *Celtic Brew*, played with Ashley MacIsaac, Natalie MacMaster, and Glenn Graham, and has played in different festivals throughout the U.S, Canada and Europe.



**Ken Kolodner** is known for his expressive and improvisational style and for his creative back-up playing on the hammered dulcimer. He has toured extensively solo and with the bands *Helicon* and *Greenfire*, and is a popular teacher at many festivals and workshops. He has numerous well-received recordings with both ensembles to his credit as well as a new solo recording, "Journey to the Heartland."

**Robin Bullock** is a prolific composer, highly respected instructor and a virtuoso performer on 6 and 12 string guitars, mandolin, cittern and piano. A member of both *Helicon* and *Greenfire* with fellow staff member Ken Kolodner with whom he has made several award-winning recordings, he also has eight critically-acclaimed solo CD's and several collaborative projects. Although he tours extensively in the US, he currently lives in Tripleval, France.

**Elke Baker**, 1995 U.S. National Scottish fiddle champion, combines lyrical melodies with driving dance rhythms in her energetic playing. Elke plays Scottish, Celtic, and American music for concerts, festivals, and dances across America and abroad. She teaches Scottish music, music history and dance at numerous festivals and workshops, at the Washington Conservatory of Music and the Potomac Scottish Fiddle Club. She has four fine recordings, including her recent release, "Caledonian Muse" with her Scottish trio, *Terpsichore*.



**Class Information:** \* *Recording devices (with batteries!) are recommended for getting the most out of ALL class sessions.*

Sheet music may be provided for some repertoire but ability to read music is not a prerequisite and learning by ear is strongly encouraged.

\* Instrumental classes without a specific level indicated will be open to experienced players with a good knowledge of basic skills.

\* Repertoire & band classes are open to players of all instruments.



**CAPE BRETON FIDDLE WEEKEND OCTOBER 16-18, 2009 SCHEDULE AND CLASS LISTINGS**

**FRIDAY, OCTOBER 16:**

8PM Showcase Concert with the weekend staff at  
Shepherd University Frank Center  
(open to the public, tickets required)  
Followed by a reception/jam in the Music Room

**SATURDAY, OCTOBER 17:**

**10-12 AM Class Session 1**

*Intro to Cape Breton Piano—Kimberley*  
*Cape Breton Fiddle 2- Wendy*  
*Scottish Fiddle Basics- Elke*  
*Cape Breton Rep for all Instruments- Pat*  
*Back up a Fiddle Tune on HD—Ken*  
*Celtic Fingerstyle Guitar- Robin*

**12-2PM Catered Lunch in Student Center**

**2- 4PM Class Session 2**

*Cape Breton Fiddle 1-Kimberley*  
*Cape Breton Step Dance- Wendy (with Pat)*  
*Dance Band- Elke*  
*Hammered Dulcimer Repertoire- Ken*  
*Mandolin Intensive-Robin*

**4:30-5:30PM Mini Classes and Jams**

*Open Band Rehearsal- Elke*  
*Cape Breton Ceilidh Class- Wendy, Kimberley, Pat*  
*Slow Jam (all instruments welcome)-Ken & Friends*  
*Robin's Pickin' Parlor- Robin*

**Dinner Break**

**8PM Contra and Cape Breton Ceilidh Dance**

Called by Anna Rain featuring the Weekend Open Band led  
by the instructors at the War Memorial Building.  
(open to the public, please wear clean soft-soled shoes)

**SUNDAY, OCTOBER 18:**

**10-12AM AM Class Session 3**

*Cape Breton Fiddle 2- Kimberley*  
*Cape Breton Fiddle 1- Wendy*  
*Tunes for Two Fiddles- Elke*  
*Cape Breton Guitar- Pat*  
*Celtic Repertoire for all Instruments- Robin*  
*HD Arranging Techniques- Ken*

**12-2PM Catered Lunch in Student Center**

**2-4PM Class Session 4**

*Cape Breton Fiddle 2- Kimberley*  
*Cape Breton Piano Techniques - Wendy*  
*Cape Breton Repertoire for All Instruments-Pat*  
*Fiddler's History of 400 years of Scottish Music-Elke*

**ABOUT THE CLASSES:**

**Level 1** is aimed at adv.beg.-int. players, who have a good grasp of basic skills, are able to tune their instruments, keep time, play principal chords and scales and play a few tunes with confidence.

**Level 2** is aimed at int.-advanced players, who are comfortable with their instruments and able to focus on style, ornamentation and arrangements.

Students are welcome to audit classes beyond their skill level and record material for future study and personal use.

**Fiddle** classes will work on technique for tone, agility, and intonation and the bowing, phrasing and ornamentation used in Cape Breton music.

**Guitar** classes with Pat will work with Cape Breton style accompaniment and Robin's will work on Celtic Fingerstyle technique. (Pat, Robin)

**Hammered Dulcimer** classes will work chords, back-up techniques and arranging working with a largely Scottish and Cape Breton Repertoire. (Ken)

**Mandolin and Tenor Banjo** will cover basic skills including intonation, scales, arpeggios, melodic sequence and right and left hand techniques. Work on picking up tunes, arranging and playing in a group setting. (Robin)

**Step Dance Classes** will focus on simpler steps towards the beginning of the class, warming up to the more difficult steps. All of the dance classes are open to all levels of dancers. (Wendy/Kimberley)

**400 Years of Scottish Music** In this workshop for all instruments, we'll take a look at Scottish tunes from 1600 to the present. We'll see what sorts of tunes have been popular over time, and which tunes from each of these centuries are still popular today. We'll see how dance forms and music interact, and we'll take a look at the time period during which Cape Breton style branched off from Scottish style in Scotland, and how the styles and tunes have evolved since that time. This class also gives us a glimpse at the roots of American fiddle music, and you just might learn exactly how old that tune by "anonymous" really is. (Elke) (Sunday 2pm)

**LODGING INFORMATION**

For your convenience, we have reserved a block of 20 rooms at a discount at each of two local hotels. These rooms will be held until one month prior to the weekend at the price listed below. You must say you are booking for **Upper Potomac** to receive the discount, however other discounts (govt., AARP, etc.) if they apply, may be larger. The cost is per room and rooms may be shared.

**Clarion Hotel @ \$94/night plus 12% tax. (304) 876-7000**

**Comfort Inn @ \$75/night plus 12% tax. (304) 876-3160**

**CATERED LUNCH**

We have arranged for a catered lunches on Saturday and Sunday to enable us all to have a meal together to visit and build community. You must reserve (and pay) in advance to participate as seating is limited. The lunch is \$12 per person/day or \$20 for both days in a weekend.

**TUITION FEES:****Cape Breton Weekend Classes:**

**Full weekend: \$150** includes Friday night concert thru Sunday afternoon classes, **Saturday Only \$100** includes dance, **Sunday Only \$75** includes both daytime classes, lunch is available separately.

For those who wish to attend only a **Single Workshop \$40**

**Dancer Special... Saturday afternoon and evening \$50 (SMD \$35)** includes all dance events, step dance workshop, ceilidh workshop and dance.

**CANCELLATIONS:**

If you cancel by 1 month before your program, we can refund half of your deposit. If you cancel later we will keep the entire deposit. Phone cancellations must be followed by written notice of cancellation. Students canceling after two weeks prior to program due to unavoidable circumstances may send written documentation of their reason for canceling and request a partial tuition refund. These refund requests will be considered by our board following the end of the program.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: (home) \_\_\_\_\_ (cell) \_\_\_\_\_

Email address: \_\_\_\_\_

**CLASS CHOICES:**

I play (main instrument): \_\_\_\_\_ Playing Level: \_\_\_\_\_

Other Instrument(s) \_\_\_\_\_ Playing Level: \_\_\_\_\_

\_\_\_\_\_ Playing Level: \_\_\_\_\_

Class 1 \_\_\_\_\_

Class 2 \_\_\_\_\_

Class 3 \_\_\_\_\_

Class 4 \_\_\_\_\_

Classes will be filled on a first-come, first-served basis.

**TUITION AND FEES**

\_\_\_\_\_ **Full Weekend Workshop Session (\$150)**  
(Sat. only \$100) (Sunday only \$75) (Single workshop \$40)  
(full day includes evening event)

\_\_\_\_\_ **Dancer Special** ( Dance events only: \$50/ SMD \$40)

\_\_\_\_\_ **Evenings Only Pass** (ceili, concerts, sessions \$30)

\_\_\_\_\_ **Extra Friday Concert Tickets**

(tickets are \$15 adult, \$12 senior, \$8 children)

\_\_\_\_\_ **Lunches** ( \_\_ Sat or \_\_ Sunday, \_\_ both (\$20) )

\_\_\_\_\_ **Optional Donation to the Scholarship Fund**

Upper Potomac is a tax-exempt charitable organization.  
Please help us continue our scholarship program!

**TOTAL ENCLOSED**

**Note: Make Check payable to UPMW and mail to:**

**Upper Potomac Music Weekends**

**P.O. Box 1474**

**Shepherdstown, WV 25443**

# UPPER POTOMAC CAPE BRETON FIDDLE WEEKEND



Workshops, Ceilidh, Jam Sessions  
and a Concert focusing on  
traditional Cape Breton music

**IN HISTORIC SHEPHERDSTOWN,  
WEST VIRGINIA**

**OCTOBER 16-18, 2009**

For information call (304) 263-2531  
Or email: [updf@earthlink.net](mailto:updf@earthlink.net)

See our web site at : [www.celticfiddle.info](http://www.celticfiddle.info)

Sponsored jointly by Upper Potomac Music Weekends  
and Shepherdstown Music and Dance

## UPPER POTOMAC CAPE BRETON WEEKEND

P.O. Box 1474

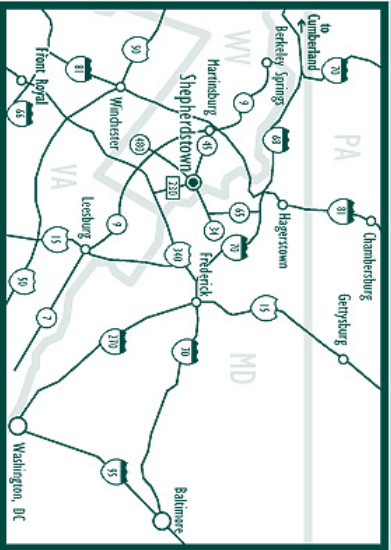
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[www.upperpotomacmusic.info](http://www.upperpotomacmusic.info)

[www.smad.us](http://www.smad.us)



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